
December Newsletter

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AK Around the WORLD

DECEMBER 2023 EDITION



6th Edition

A word from the Chair,

This year is already coming to an end and it is always wise to remember the best things it brought us. I feel blessed for all the new practitioners I had the opportunity to meet in Montreal and the completion of my first year as IC executive Chair.

Several projects are ongoing for 2024 regarding the web positioning of applied kinesiology, research and an international congress in Toulouse to mark the 60th anniversary of applied kinesiology.

My best wishes for the next year to all of you and your dearest ones,



AROUND THE WORLD !!



Australasia Chapter

RESEARCH PROJECT

Is the MMT in Applied Kinesiology actually a physiological phenomenon or a perception?

New Zealand College of Chiropractic Research Team have come onboard - Chiropractic Research - New Zealand College of Chiropractic

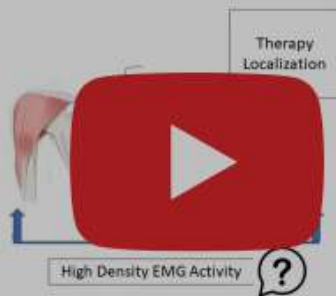
Up until now the one thing we rely on in Applied Kinesiology to monitor the change in function of the patient has not been investigated in a controlled neurophysiological manner. A lot of models have been presented to explain what practitioners see in practice each day but these models have not been tested. At this moment in time we have the opportunity to answer this and many other aspects of the challenge and Muscle response. The renowned and highly published neurophysiology team at the New Zealand Chiropractic College have come on board to lead a research project to investigate the proposed models at the muscle and brain level when we perform a muscle test that produces a hyporesponsive versus a normoresponsive manual muscle test.

All this comes at a cost

Research costs money and this is where you as an Applied Kinesiology Practitioner can play your part in creating the scientific base we need. You have the opportunity to help fund this research by donating directly to Applied Kinesiology (AK) - [New Zealand College of Chiropractic](#)

Study Proposal: Research Questions

- What is the neurophysiology of a weak muscle identified by therapy localization?
- What is the difference between strong muscle and weak muscle?



Dr Heidi Haavik presenting the research project



ICAK France Chapter

The International ICAK meeting is around the corner and as it will be the 60th anniversary we'd like to pay tribute to George in order to thank for everything he gave us.

We'd like to realize an electronical canvas of his portrait formed by moments we've shared with him or through him during seminars or meetings.

So if you have pictures of George with you, family, friends, during personal or professional moments (at home, in his/your office, during his seminars or

lectures or group pictures from seminars you've attended. For those who never knew him but attended AK seminars please send us too these moments are part of his legacy so don't be shy) that you might be kind enough to let us use to create this tribute, please feel free to send it at the following mail address: chairman.icak.fr@gmail.com

Huge thanks and hope to see you guys anytime soon now!

Take care y'all

Pierre Guire, ICAK France Chairman

The ICAK French chapter will soon host you for :

"60 years of Good Hearts"



60TH ANNIVERSARY

TOULOUSE FRANCE

June 6-9, 2024

LOCATION : Chambre du Commerce et de l'Industrie (CCI) in Toulouse



Located in 2, rue Alsace Lorraine 31000 Toulouse it will be the main center of the meeting

Where can I register?

On our website: <https://icak-france.com/>

If you have any questions, please get in touch with us : Alexis Ryan (Icak-Fr secretary)

info.icak.fr@gmail.com

All the Super60ty organising team is looking forward seeing you soon!



ICAK Benelux Chapter

How to adjust all joints of the body according to the kinematic chain of injury

Advanced Adjusting Techniques for the AK Practice

Dr John R. Schmitt, DC, DCBCN

June 15-16th 2024 Conference in Brussels, Belgium

UPCOMING SEMINAR

Course Overview:

Dr. Schmitt will teach and demonstrate updated essential treatment procedures and adjusting techniques, several of which he has personally developed during his 41 years of clinical experience. Very few of these techniques have been taught previously. Manual muscle testing and applied kinesiology techniques will be used to obtain a precise evaluation both before and after treatment procedures. Hands-on workshops will be included.

For more information go to www.icak-benelux.org.



ICAK USA Chapter

Find out more informations about our Winter meeting in Fort Lauderdale, Florida, January 26-28

<https://www.icakusa.com/events/2024-icak-usa-winter-meeting>

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 Forward



International Webinars

As part of the ICAK we want to create more international sharing of ideas and techniques between chapters. One way we thought of doing this was a monthly lecture by a top doctor/research from each chapter.

These will be done live on Zoom but also recorded in a private library for watching later (and since there is no way to make a time zone work for all countries). These will last approximately 45-50 minutes along with time for questions.

We are hoping to do the third Wednesday evening of every month, but this can change if necessary based on the chapter needs.

The first one will be Wednesday January 17th.

January

ICAK-USA member: DR. Michael Lebowitz

Time: Jan 17, 2024 08:00 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://us06web.zoom.us/j/85270971473>

Meeting ID: 852 7097 1473

February

ICAK-Canada member: Shawn Belliveau DO, B.Sc Kin

more info to come ..



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Let's GO!!

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