

AK Around the WORLD



News from the Chair

It is with enthusiasm that I present to you this December edition of AK Around the World. I would like to thank each of the collaborators who provided content to make this journal lively and enriching for all.

In this edition as well as in subsequent ones, you will also be able to better discover the role of each of our committees, their distinctive role, their vision for the coming years and how you too could actively participate!

Good reading !

Dr. Geneviève Gagné DC, DIBAK



AROUND THE WORLD !!



ICAK-UK Chapter

Busy and excited !

In the past months several seminars were offered for the benefit of AK lovers !

- Dr Joseph Shafer DC DIBAK introducing his Brain Recovery protocol.
- Dr Joe Shafer with partnering with Dr Chris Astill-Smith DO DIBAK to combine Joe's Brain Recovery Protocol with Chris's nutritional approach to Cognitive Decline
- Dr Martin Brunck MD DIBAK with his advancements and developments in Injury Recall Technique and incorporating vagus and other cranial nerve treatments

Dr Richard Stenning, Chair ICAK-UK



Clinical Roundtables, hosted by Dr. Jay Marienthal, invited both AK practitioners, and those that have made strides in the betterment of health, to participate in an online forum presenting on their topic of choice and taking questions from attendees in real time. This program has been very successful and we have seen increased activity from members. Clinical Roundtables are held once a month via Zoom and last approximately 1-2 hours.

Archives from both past Clinical Roundtables and Mentorship Program are housed on www.icakusa.com as a resource for dues-paying members.

WINTER MEETING !

ICAK-USA will have their first Winter Meeting in Honolulu, HI, January 13-15, 2023. Dr. Michael Lebowitz has created a program to incorporate advanced learning for both students and doctors. This three-day meeting will provide workshops and teaching from AK greats including Drs. Michael Lebowitz, Noah Lebowitz, Richard Belli, John Bandy, Stephen Gangemi, Evan Mladenoff and invited guest Dr. Bruce Davis. There will also be time to explore the island and take part in group activities.

It will be held at the Hyatt Regency Waikiki Beach Resort and Spa.

2424 Kalakaua Ave

Honolulu, HI 96815

Room Rate: \$239 + \$20 Resort Fee++

Reservations: [ONLINE](#) | 808-923-1234

To Register: <https://na.eventscloud.com/ereg/index.php?eventid=717553&>

Dr Lawrence Calderon, IC rep, ICAK-USA



ICAK ITALY Chapter

2025 !

Here is the link to register:

<http://www.icak.it/en/courses/152-dr-joe-shafer-e-dr-a-cecchi-corso-base-di-50-ore-di-kinesiologia-applicata-4-fine-settimana-bologna-italian-only.html>



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IBORS UPDATE

The last few years has been a busy time for IBORS with a primary focus on providing teachers and members an up-to-date review on the current science, application and use of the manual muscle test. This resulted in the largest undertaking by IBORS having taken several years to complete and involving two different research facilities, a thorough literature review and discussion with many of our diplomates.

A white paper was developed from this material drafted, peer reviewed and accepted by IBORS. This document can now been downloaded from for your viewing.

research. It's believed this is a very pressing matter and the outcomes of further reviews will be limited due to a lack of scientific evaluation of many things within AK.

IBORS has been communicating with researchers at the University of Potsdam to further propagate our research. This relationship has been very constructive and big things are planned with this group heading forward.

IBORS is now looking at building a team who can help drive our research ambitions forward. We have grand ideas of what we want to achieve over the next 5-10 years and what that means for you as a member of the ICAK. These goals will go a long way to securing the manual muscle test as a diagnostic art form and position the ICAK as the premier place to learn manual muscle testing in the world.

If you would like more information, check out the video attached where I'll outline some of our ambitions heading forward.

Trevor Chetcuti, IBORS Chair

trev@spinewise.com.au

I want to JOIN IBORS !!!!



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*share with all the
community !*

Let's GO!!



MEMBER AT LARGE WANTED

(PREFERENCE ALIVE PLEASE !)

My name is Dr. Noah Lebowitz and I recently was elected to one of two Member At Large positions on the ICAK board. The ICAK is trying to cultivate a new generation to help with future leadership. This started with our new president, Dr. Genevieve Gagne, and then with myself. For the ICAK to continue to grow and be the amazing resource it is, we need people that can help continue its legacy. We want another member that is excited to work with the board and ideally want to help become a part of leadership in future years.

If interested please apply with your AK experience, why you want to be on the board, and what your future plans for the board look like.

Please send your documents at genevievegagne.dc@outlook.fr

Your Executive Board



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